

# **WA-PACT TRAINING**

January – June 2008

# **PACT Booster Training**

# **WA-PACT Booster Training with Gary Morse**

(more details to follow in January 2008)

#### Schedule:

Wednesday, February 6, 2008 Western WA PACT in Tukwila, WA Thursday, February 7, 2008 Eastern WA PACT in Spokane, WA

#### Trainers:

• *Gary Morse, PhD*, Community Alternatives, Inc. Dr. Morse is a national leader on PACT implementation. During the past 18 years, he has helped to develop, operate and administer outreach and ACT programs for people who are homeless with severe mental illness. Dr. Morse was the lead trainer of ACT teams for the federally funded National Evidence Based Practices Project.

### **Integrated Dual Disorder Treatment (IDDT) Training**

The New Hampshire-Dartmouth Integrated Dual Disorder Treatment (IDDT) model is an evidence-based practice that improves the quality of life for people with co-occurring mental and substance use disorders by integrating substance abuse services with mental health services. The thirteen characteristics of IDDT are: multidisciplinary team, stage-wise interventions, access to comprehensive services, time-unlimited services, assertive outreach, motivational interviewing, substance abuse counseling, group treatment, family psychoeducation, participation in alcohol and drug self-help groups, pharmacological treatment, interventions to promote health, and secondary interventions. We hope that PACT teams are able to successfully integrate principles of IDDT into treating consumers with co-occurring disorders.

#### Schedule:

Monday, March 10, 9:00-3:30 Eastern WA Teams Spokane, WA Tuesday, March 11, 9:00-3:30 Western WA Teams Tukwila, WA Wednesday, March 12, 9:00-12:30 Eastern & Western PACT Substance Use Specialists & Team Leaders Tukwila, WA

#### Trainer:

• Ric Kruszynski, MSSA, LISW, LICDC has developed clinical, supervisory, and training expertise on the topic of dual disorders over the past 22 years in both Mental Health and Substance Abuse treatment facilities. He is a Licensed Independent Social Worker and a Licensed Independent Chemical Dependency Counselor. Ric currently serves the Ohio Substance Abuse and Mental Illness Coordinating Center of Excellence (Ohio SAMI CCOE) as Director of Consultation and Training. In that capacity he was the lead trainer and consultant for the Integrated Dual Disorder Treatment (IDDT) practice model as part of Ohio's participation in the National Implementing Evidence-Based Practices Project.

### **PACT Team Technical Assistance**

# **Role Discussions**

In June 2007, PACT teams voiced an interest in continued avenues to connect by role to other teams across the state. Due to travel concerns, we have decided to utilize the virtual collaboratory chat system to facilitate discussion among the various team roles.

More technical information including registration and set-up of the virtual collaboratory to follow in January, 2008.

March 5 – PACT Peer Specialists
March 26 – PACT Prescribers
April 9 – PACT Vocational Specialists
April 23 – PACT MHP's
May 21 – PACT Program Managers

 PACT Substance Use Specialists will have a role breakout during the March 12 IDDT training in Tukwila.

# **Team Leader Discussions**

During the December 6<sup>th</sup> Team Leader retreat, team leaders thought it would be helpful to meet together and discuss similar programmatic issues across WA. The current plan is to offer team leader virtual meetings on alternating months in 2008. We hope team leaders find these virtual meetings to be collaborative and helpful. The current schedule is:

Wednesday, February 20 Wednesday, April 16

> A team leader retreat will be offered during June 11-13 as part of the WA State Behavioral Healthcare Conference in Yakima.

### **Ongoing PACT Consultations with Gary Morse**

Beginning in January 2008, Gary Morse and WIMIRT Staff will continue to offer consultations for all PACT teams monthly on alternating months. PACT teams are always welcome to request additional consultation with Gary and/or site visits from WIMIRT staff. Contact Shannon Blajeski, MSW at 206-685-0331 or <a href="mailto:blajes@u.washington.edu">blajes@u.washington.edu</a> to request individualized consultation.